

Pray Through for Breakthrough

FEBRUARY 7, 2021 // DANIEL 10:1-21

▶ Introduction

- What is the most memorable super bowl commercial of all times to you?
- What is your most memorable answer to prayer to this point in your life?
- What do you think it would take for you to see more prayers answered?

We are going to look at an unusual story in Daniel 10 to learn more about seeing breakthrough in our prayers.

▶ Deeper Dive

• Daniel 1-6 is fun to read and contains familiar stories like Daniel and the lions' den and the three boys in the fiery furnace. After chapter 6, the fun stops. Chapters 7-12 are prophetic and record multiple visions about what would happen to Israel and God's people in the immediate future up to the time of Jesus through His final return. Daniel 10 talks about a 21-day season of prayer when Daniel was burdened about God's people. He prayed, and God answered.

• Divide your group into 2 smaller groups. Have group 1 read and summarize Daniel 10:1-9 and have group 2 read and summarize Daniel 10:10-21. Ask each group to summarize their passage for the larger group and share what stood out to them about Daniel's prayer life.

• As your group discusses the scripture, make sure that the following points are included:

1. Daniel mourned for his people. His burden prompted him to fast (deny physical body or give up earthly things in order to focus on spiritual things) for 21 days as he prayed. (v 2)

***Ask:** Have you ever fasted or given up something in order to focus on the things of God? Are you willing to give it a try for these three weeks?

2. When Daniel heard from the Lord, he was overwhelmed by his presence (vv 9-10) and God spoke to Daniel. (vv 11-12)

***Ask:** God called Daniel a "man of high esteem" which literally means a man of preciousness. Is it difficult to hear God call you "highly esteemed"? Why or why not?

***Ask:** Daniel prayed with humility and sought to understand what God was doing. When was a time in your life that it was hard to see what God was doing while you were in the middle of it, but easier to see as time passed by?

3. Daniel didn't get what he hoped for (vv 15-17), but he got what he needed (vv 18-19)
Daniel wanted to escape, but God promised to take him through it.

***Ask:** Read Daniel 10:18-19. What did God give Daniel that he needed? (Strength, Peace, Courage)

▶ Reflection- 5 Words to Help You Pray Through for Breakthrough

• **Burden** - What weighs on you? What keeps you up at night? Where in your life do you have a deep desire for God to move spiritually?

• **Surrender** - The true essence of prayer isn't demanding that God do your will but that you receive from God what He is saying and planning and embrace that as the best future possible. How can you change the way to pray to be more surrendered?

• **Fight** - Prayer is spiritual warfare. How do the following verses help you fight with confidence? Ephesians 6:18, Psalm 34:7, Colossians 2:9-10

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- **Perseverance** - Daniel prayed for 21 days. He kept praying even when it would have been easy to give up. What prayer do you need to continue praying?
- **Faith** - God gave Daniel what he needed when he needed it. God won, and He continues to win. No prayer, no power. Much prayer, much power. How does this truth help you live in hope and pray more confidently?

► Closing

Encourage each person to join the P28 prayer challenge and pray for 1 thing for 1 minute at 1pm each day in February. Share your P28 and invite others to share theirs as well. Pray for your group.

